



Springbike Bicycle Club
 PO Box 9823
 Springfield, MO 65801



THE TUBE

January 2005
www.springbike.org

Next monthly meeting **January 10**
Summers At The River @ 7:00 pm.

Upcoming Events

Jan. 1 - New Years Day ride. Clever HS. 1:00

Feb. 6 - Super Bowl Sunday Ride (more info later).

All of these rides are for club members only and anyone under the age of 18 must be accompanied by an adult Club member.

New Year's Day Ride. Clever, Mo. High School. Depart 1:00 P.M. Ride to Hurley and back for short ride. Longer ride to see the all new McCall Bridge and return for the hard core riders. Also, I will include a little extension across the bridge and down the riverside to an interesting little town and back which would be a new experience for you. For mountain bikers, suggest ride from Clever to Brown Springs, Mo and from there travel the gravel road to Hurley on west side of the Spring and come back to Brown Springs on the east side of the creek. Interesting. The WW Cafe at Hurley may or may not be open. The owner hasn't yet decided. I will know by the time of the ride and will advise. A good place to pig out. Wonderful pie and other stuff. Cut off is 40 degrees and rain, sleet and snow!! Dress appropriately. Maps will be provided.

Tip of the Day

Ray Wageman

We are deep into winter and keeping fingers and toes warm is a problem. Suggest silk gloves and sox to be worn under gloves and thick sox. This works wonders. Silk is good. Women have know this for years. Silk gloves are hard to find. Mine were ordered through Land's End. Others may have them.

“Springbike is a local cycling club whose purpose is to promote enjoyable safe cycling for the members and the community.”

Support your local bike shops!

2005 Club Officers & Committees

President

Tim Weston 840-5687
 Westonbuilder@sbcglobal.net

Vice President

Kevin Umlauf 883-1113/753-2969
 kevin@sunshinebike.com

Secretary

Merrill Drummond
 merrillcdrummond@mchsi.com

Treasurer

Bill Compere 863-1617
 billcomp@sbcglobal.net

Program Director

James Allen 833-1980

Special Event Route Organizer

Jim Freeman 724-2701

Membership

Randy Lacey 846-7352
 RLacey98@aol.com

Advocacy Committee

Bruce Adib-Yazdi 881-8510
 badib-yazdi@swbell.net

Tube Editor

Cynthia Petty 882-8565
 cynchp@peoplepc.com

WebMaster

Steve Hargis
www.springbike.org

Springbike BICYCLE CLUB MEMBERSHIP FORM

Springbike Bicycle Club cannot be held responsible for any accident that may occur during, or as a result of, our activities. Participants ride at their own risk. For the safety of Participants, Springbike Bicycle Club requires that approved helmets be worn on all club-sponsored rides.

Signed: _____
 Dated: _____

___ New Membership ___ Renewal

- 1 year membership.....\$20 per household
- 2 year membership.....\$38 per household
- 3 year membership.....\$58 per household

Mail to: Springbike Bicycle Club
 PO Box 9823
 Springfield, MO 65801

Name: _____

Address: _____

City, State, Zip: _____

Tel ephone: _____

E-Mail Address: _____

A&B Cycle Inc
 3620 S National
 864-0550

Cycles Unlimited
 1254 E Republic Rd
 887-3560

Downhill Bikes
 1116 West Hwy 76
 Branson, MO
 417-335-4455

Springfield Bicycle Company
 3201 S Campbell
 883-8100

Sunshine Bike Shop
 1926 E Sunshine
 883-1113

Willard Bike Shop
 106 E Jackson
 Willard, MO
 742-4465

Happy New Year,

First let me introduce myself. I'm Tim Weston, the new Springbike president and a member for about 12-13 years. Through these many years of riding I've met a lot of nice people, developed some great friendships, and a real love for bicycling. I'm sure most of you are like me in that bicycling is more than exercise, it's friendships, adventure, new roads, same old jokes and stories, dogs and much more. I really believe that we are truly blessed with the quality of our roads and the progressive nature of our city toward bicyclists.

This year I had the pleasure to help with some of the club activities and I'm truly impressed with how people were willing to give of their time and energy. I had never considered how much work it took to put together a Springbike activity. Please whenever you get the chance, thank the departing officers (Sheryl Galvin, Mary Worm, Niki Pilger) and the remaining officers (Kevin Umlauf, Bill Compere, James Allen, Jim Freeman, Bruce Adib-Yazdi, Cynthia Petty, Steve Hargis) for everything that they've done for your club. Myself, Merrill Drummond (secretary), and Randy Lacy (membership) will be filling the newly vacated positions.

The riding season wasn't over when the MS150 was over, it was just getting started with the Fall Century(thanks Bill Sharples), the Halloween Ride, the Christmas Lights Ride(thanks Churchills), and the Toys for Tots(thanks OCC). Coming up is the New Year's Ride(Jan.1...I think), Superbowl Ride in February, Dogwood Metric Century, overnight campout, and so much more. If you have some other good ideas for rides let us know, but remember you may be asked to help.

I'm looking forward to this next year with Springbike, and would be glad to talk to you. I can be reached at 840-5687 or e-mail me at Westonbuilder@sbcglobal.net.

See ya on the road,

Bicycle Advocacy Accomplishments

Bike month was celebrated, with several events including a proclamation, Bike Springfield (Springbike / OCC joint event), a successful Bike to Work Week (Springbike / Ozark Greenways) campaign and participation, and the Great Bike / Car Bus race.

- Coy and David were certified to teach Road I courses and we had 3 (am I right Coy / David?) Road I courses that were instructed locally by Coy and David Hutchison (I think Terry Whaley also helped with one)
- Missouri Bike Federation held a quarterly meeting in SGF and themselves participated in a Road I Course
- Discovery Center held an in-town Moonlight Ride fund raiser
- Coy has taken leadership in the Bike Education arena, which is very cool – he is so excited he can't sit still.
- David Hutchison and I along with several other representatives from MoDOT, Greene County, SMSU and others) have worked with the Traffic advisory board to update the city's bike facility plan and proposed future policies on implementation.
- Several route extensions and enhancements were added to the current Bike Route system, including bicycle lanes on Booneville.
- Greg Pettus (Ozark Cycling Club) has started fundraising for helmet give-aways, and with and Daphne Greenlee (Safety Council of the Ozarks) are planning to continue working the 'kid' aspect of bicycle safety.
- Eric Johnson organized the first 'Urban Adventure Race' in the area.
- Debbie Casey has implemented a 'bike to school' incentive program for her school.
- Ozark Greenways along with Jerany Jackson (Park Planner) is busting at the seams with new trail development – be on the lookout!

- Christian Lentz was successful with passing the new bicycle parking ordinance.
- Springbike (through the effort of Sheryl Galvin) has stepped up and asked for a Bicycle Advocacy Business Plan so the club can help support some efforts financially.
- Greene county signed a route to Rogersville with 'Share the Road' signs, as well as north from Fulbright out to Ritter Springs Park
- MoDOT signed sections of West Bypass with 'Share the Road' signs.
- Ralph Rognstad has been leading weekly rides starting in the city and headed out different directions YEAR ROUND.

League Cycling Instructor Seminar Coming to Springfield

Becoming a League Cycling Instructor (LCI) certified to teach BikeEd is a great way to help cyclists and make bicycling better in our communities. Certified instructors can teach BikeEd classes to children as well as adults. Help bring the joy of safe cycling to others. For 2005, the League is scheduling about 20 LCI Seminars nationwide, with one right here in Springfield, Missouri!

Our "LCI Seminar" is "penciled in" for June 10, 11, & 12 and will be held at the Southwest Missouri State University's Alumni Center. Please note that the seminar will NOT take place unless we can get at least 10 people registered six weeks ahead of time! Fred Meredith is scheduled to be our Trainer. He is a great guy and is one of the Trainers that taught David Hutchison and I. Please note that you must be a member of the League and must have completed the League's "Road I" course with a score of 85% or better, at least several weeks before taking the LCI seminar. You should be an experienced and knowledgeable cyclist and recognized as such in your cycling community to take the LCI Seminar.

David and I have set up a TENTATIVE schedule of Road I classes for 2005: March 26; April 23; May 21; June 18; October 1; and November 5. You do NOT need to be a member of the League to take the Road I course. No class will be held unless at least 5 people register for it. I hope to have these, as well as the LCI Seminar, posted at the League's Website in the near future <<http://www.bikeleague.org>>.

If you are interested in any of these classes, please contact David at dhutchison@ci.springfield.mo.us (417-883-2950) or me at hillbillyoncrank@wmconnect.com (417-894-2905).

In other area BikeEd news, the first meeting of folks interested in starting a Safe Routes To Schools (SR2S) program in our area took place Friday, December 17. This is a program which encourages walking and biking to school, by students who live within two miles of their school. It's goal is to give them the training, supervision, and facilities to do so safely. Debbie Casey has already started a SR2S program in her school, Cowden Elementary! If you are interested in getting SR2S going in your neighborhood school, please get in touch with me.

Coy Hart, LCI
Missouri Bicycle Federation
Bicycle Education Chair

The Leukemia & Lymphoma Society, Southwest Missouri Office is recruiting volunteers to help raise funds for the fight against cancer and other related diseases - such as AIDS - by raising funds and locally training for the America's Most Beautiful Bike Ride in Lake Tahoe, Nevada!! Those who raise the designated maximum funds will receive trip expenses, travel plans, and organized local group training! You will be raising a minimum of 75% to help find a cure for cancer and improve the quality of life for patients and their families!

For information check out our local web www.teamintraining.org/mid or call your local Nixa chapter (417)724-2313! Accepting registrations through January 31, 2005!