

"Springbike is a local cycling club..."

June,
2002



Club Officers & Committees

President:

Ann-Marie Shy
581-4757

Vice President

Gary Day
581-6390

Secretary

Carol Gough

Treasurer

Tony Miller

Tube Editor

Kathy Hudgens
khudgens@sprynet.com

Special Event Route Organizer

Kevin Umlauf

Program Director

James Allen

Membership

Jim Freeman
724-2701

Webmaster

Steve Hargis
www.springbike.org

*Deadlines for The Tube are the
20th of each month.*

*Springbike is a member of the
League of American Bicyclists.*

FIRST ANNUAL AWARENESS RIDE

The Awareness Ride was a huge success!

We had 47 riders plus two Springfield Police Department bicycle officers - and the event was covered on KY3 News that night. It was a beautiful day - picture perfect weather. The ride started just north of the square, went northwest to Fulbright across I-44, southeast to Battlefield Mall and ended by highlighting Jordan Valley Park and the new bicycle lane on E. Trafficway (thanks to The City of Springfield) as well as the new section of Greenway Trail from JVP to Water Street.

The goals of this particular event - to kick off Bike to Work Week, start the awareness and education process, and to make a little money - was achieved. We hope that as a result, a few things happen. First, that cyclists got a

taste for the designated bicycle routes - and not only begin to use them more, but also see the need for improvement. By using the routes more, motorists (and city leadership) will begin to see the use and be more aware of the need as well. The money raised on the ride (about \$160 in net proceeds) has been earmarked to use for a matching federal grant (being written by City Utilities) for bicycle lockers at the downtown transit facility. We pay 5 or 10% (depending on how it gets funded) and the grant pays for the balance.

I would like to thank all the volunteers for this event - Christian Lentz, David Hutchison, Joyce Eiken, Jenny Foster, Deb Jackson, Mike Schilling - as well as the media and community organizations who helped spread

(Continued on page 2)

..whose purpose is to promote enjoyable safe cycling..

MARK YOUR CALENDAR

June 1

National Trail's Day Willard

July 13

BCFO ride

Weekly Rides

Monday : Hickory Hill school to Stafford.

Tuesday : Turner's Station to Rogersville.

Thursday: Evans Road Church to Rogersville.

For more information call

Ann-Marie at 581-4757 or

Gary Day at 581-6390.

Duathlon Dates:

Wimpy's/Ridge

Runners Duathlon
(5k Run, 23.7-mile bike,
5K run) and

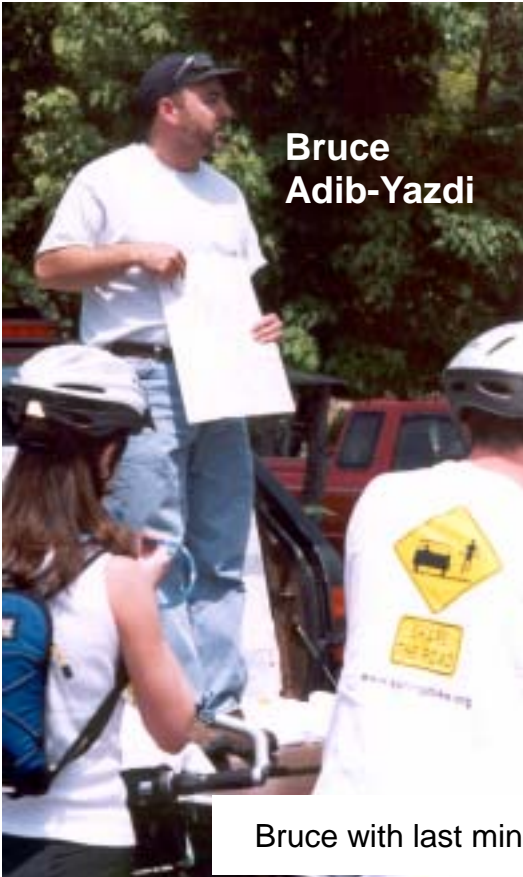
"Not Just for Wimps"
Frisco 5K Run/Walk
Sat. June 22nd, 8 a.m.
Cotner's Corner, Jct.
160 & Jct. 123, Willard,
MO. For info. contact:
Rusty Manes 863-6277
or e-mail
hppytrls4u@aol.com.

Thanks and Happy
Trails, Rusty.

June 4: 2 mile run-
11mile bike- 2mile run.
**Series Finale and
awards presentations**
after this event. For
info contact info@
BodyMechanixAthlet-
ics.com.

...From Diane Hood

..for the members and the community."



Bruce Adib-Yazdi

(Continued from page 1)
 the word - Ozark Greenways, Barb Baker (CID and UDA), David Hough (DSA), The A&B Cycle show on KWTO, Lance Feyh at KSMU, the Springfield Business Journal, The News-Leader and KY3. Express Press helped us by not charging us for t-shirt setup. Also, special thanks to the Springfield Police Department, for their support on the ride. Officers Chris Johns and Ken McCroskey rode with us - fully loaded with equipment and protective vests. As I understand from them, Kevlar is NOT a good wicking base layer...

See ya on the road!
 Bruce Adib-Yazdi



Bruce with last minute instructions.

Notice our "Share the Road" t shirts



Handing out T-shirts

Cycling advocacy is for everyone! This young fellow rode as well as anyone there!





In the "huddle" -- getting ready to go.



The Bicycle Officers directed traffic and kept us together.



Regrouping along the way

Terry on commuting "...just 'do it'."

I commuted every day this week for National Bike to Work Week. I started the week off by doing the Bicycle Advocacy ride last Sunday. But, I usually commute practically every-day unless the roads are snow/ice and salt covered, which wasn't that many last winter. I think my coldest night was around 9 degrees, and would you believe it, I actually ran into a biker on my way home that night! He was going into Git & Go at Jefferson and Battlefield for some coffee! His name was Joe Cotton, 76 years old and always rides early (this was around 5:30am) in the morning with friends. I was surprised to see him out on one of the coldest days of the season though. He looked in great shape for his age. I missed the Friday downpour because that was my night off. I also work most of the night getting off at 5:00am in the mornings. I usually ride Jefferson street most of the way until it changes to all one way. I jog west a couple of streets to South street through the square and on to the main Post Office where I work. Since they have

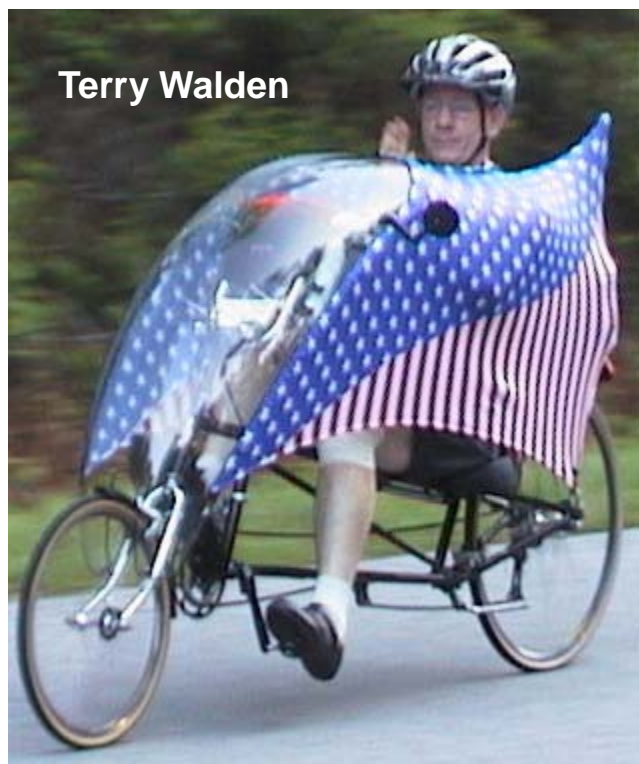
changed my work hours to nights I go in at 8:30pm. But, I still usually make most of the evening bike club rides. I ride to the ride and then straight on in to work from there via someplace to stop and get something for my lunch for work. My bike is still unusual in this area. I still get a lot of stares (mostly good), and honks or thumbs up because of my flag design bodysock. At least I am seen. Rarely have I had any trouble with traffic.

I have gotten a few co-workers to commute this last week. Also, a few have been trying to commute more often. Usually the thought of foul weather is what stops them. I just say, if the weather isn't doing anything bad when you are ready to leave, just "do it". You will be glad you

did. I know I get a little anxious to ride in even if the weather has been snowy for only a couple of days.

Well, maybe I will see you out there on my commute one of these mornings?

Terry Walden



From the Membership Dude

Well the annual Dogwood has come and gone and we should be able to ride almost every day with out worrying about tights and jackets, but for some reason winter is hanging on this year. I ran into Tom Dye while riding and told him that the weather had been terrible ever since he retired. His comment was "I know but I'm not going back." Can't say as I blame him, I have my eye on retirement myself.

In the last newsletter I reported that membership had topped the 300 mark. I am now disappointed

to report that we only have 180 households that are current on dues. By club by-laws, membership must be renewed in April of each year. It is now late May and many of you have not renewed. The larger membership we have, the more clout we have to advocate for cycling. Please renew your membership soon. If I have not received your renewal by June 15th, I will be forced to remove you from the membership roles, a duty to which I do not look forward. Just mail a check to the post office box, stop by Sunshine Bike Shop or Extreme Sports, or catch me at a ride.

If you have renewed and not yet received your membership card, I am mailing them. Since I am a volunteer and my employer expects me to do work for the state, I do not have time to mail them all at once. I should be done within a week. However, if you see me at a ride I will have what has not been mailed with me. Just ask. I'm the old dude on the OCR1 in the ugly green Mazda. I am also going to set up a booth on June 1st, at the National Trail Day festivity in Willard. Hope it warms up and I see you all on the road, or trail at Willard, soon.

From Jim Freeman

Update from our Advocacy Committee

Springbike Cycling Advocacy Committee started late last year when a friend of mine, Christian Lentz, was talking about the need for such a group - he even went so far as to make the suggestion when he sent in his Springbike application. We started talking about working with the City and what mechanism would be appropriate to work with. In December, I made call to Ann-Marie Shy, the incoming president, and she told me that on street cycling and advocacy were top on her list of things she'd like to see done. I took that as a green light and started talking with The City on behalf of the club and local bike shops.

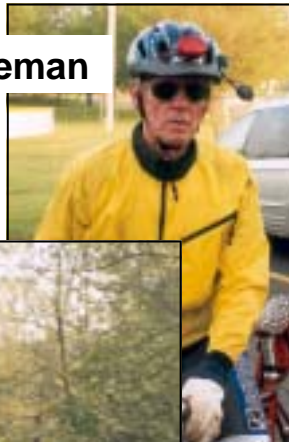
We have made appearances in front of Planning & Zoning Commission, City Council and I am attending monthly Traffic Advisory Board meetings. I have made application to be on the Traffic Advisory Board, which reviews upcoming street improvements relative to public perception and safety. We have also organized the First Annual Awareness ride o kick off Bike o Work Week, and worked with Ozark Greenways to promote BTWW. We now realize there are MANY efforts we could undertake, but need to step back, and align the goals of the Committee, the Club and the related community organizations. Any ideas you might have for us

can be sent to the contact info below, and will be taken into consideration.

The core committee is made up of several core members, Bruce Adib-Yazdi (Chair), Christian Lentz, Mike Schilling, Terry Whaley, and Coy Hart with over a dozen other folks who have help with the effort including David Hutchison, John Mihalevich, Frank Zanaboni, Joyce Eiken and William Alter. There is an Advocacy email list with over 25 names of people who have 'opted in' to receive periodic updates. For more information contact Bruce at badib@swbell.net or 417.881.8510

From Bruce Adib-Yazdi
Chairperson
Advocacy Committee

Ray Wageman



Our Membership Dude



Great SAG support! They kept us going!



4 legged cyclists with double-up smiles



The Dogwood Metric



Jill has a story to tell...



Bob Scott From Oklahoma

National Trails Day

Saturday, June 1, 2002

On the

Frisco Highline Trail



Enjoy the 2nd longest Rail-Trail in Missouri
on foot, bicycle or horseback

Festivities at the trailhead in downtown Willard:

- 7:30am-5:00pm Willard Chamber of Commerce Annual Garage Sale
- 8:00am Runners to your mark! – Willard Park Department will host a 5K Fun Run on the trail - (Call Jarred at 742-2262 for details)
- 8:30am Bicyclists to your mark! The Multiple Sclerosis Society will host a training ride for the MS-150 on the trail – (Call Greg Roeder 742-0551 for details)
- 10:00am Historic Bicycle Display – Compliments of the Willard Bike Shop
- 10-10:45am Willard 4-H Stars & Steeds – Equestrian drill team performance
- 11-1:30pm Willard Lions Club BBQ – Get there before they eat it all themselves!
- 11:15am Trailhead Ribbon Cutting – Join representatives from Willard, Springfield, Greene County & Ozark Greenways**

(417) 864-2014 --- www.ozarkgreenways.org

For Sale: Colnago Décor 52-cm framed road bike; Shamano 600 components with new Sora flight deck shifters; 8-speed -- 12-23 gears; Worber TX Profile wheels -- 622-700c; Salsa Moto Ace handlebars



Contact Mike Baxter @ (417)
864-4003
Day # Cell 844-3759
Asking Price \$500.00



Ride For Life --BCFO

Please join us for Ride For Life bike ride to benefit The Breast Cancer Foundation of the Ozarks. The date is July 13, 2002.

Start and finish is at Temple Israel church at highway 193 and 186 near Rogersville, MO. Registration starts at 6:15 am. There is a

50 mile ride starting at 7 am, 25 mile ride starting at 8 am, and a 10 mile ride starting at 9 am. Pre-registration is \$15 and \$20 the day of the ride. This is a supported ride with rest stops, door prizes, refreshments and free T-shirts to the first 120 registered participants. Registration forms can be picked up at Sunshine Bike Shop, A & B Cycle, Ridge Runner Sports, Braden

Cleaners on Republic road, Sports Extreme and Cycles Unlimited. Helmets are required for the ride and a signed waiver will be required by all participants before the start of the rides. Remember all money raised stays in the Ozarks to help assist local families facing breast cancer. This is a tax exempt organization.

You may call Carol Gough at 881-8094 for additional information.

On behalf of the Lenexa Optimist Club, I'd like to invite you and your bike club's members to participate in the 2002 Lenexa Midnight Bike Ride on July 13th, 2002. Come join us for

THE COOLEST SUMMER BIKE RIDE IN THE MIDWEST

A COOL bike ride in July? In Kansas? You've got to be kidding!!

NOPE! There is a catch, though. It's in the middle of the night! The Lenexa Midnight Bike Ride starts at midnight on Saturday night, July 13th, 2002.

Enjoy a cool ride in the middle of summer, by riding in the middle of night! In addition to starting the ride at the cool hour of midnight, the route starts in the historic Old Town section of Lenexa, Kansas, then meanders through the rolling hills and boulevards of Lenexa, winds through old limestone caves now an underground business park, and returns to Old Town! Now that's a COOL ride!

Two routes are available. The longer route is a 12.2-mile route that includes the underground caves. For slower riders or those desiring a shorter route, there is a 9.2-mile option. This is an excellent ride for riders of all ages.

This ride is sponsored by the Lenexa Optimist Club and the City

of Lenexa Parks & Recreation and is one of the best-supported rides around. In addition to police escorts, major-intersection road-blocks, corner guards, ham radio operators, and walkie-talkies along the route, there are SAG vehicles to pick up riders who have any trouble. All riders must wear helmets. Bikes are required to have a front light and rear reflector.

Packets with a map can be picked up at registration time or prior to the ride. Early registration by mail ends May 31st and includes a ride T-shirt for \$15. Registrations received by mail between June 1st and July 12th or during walk-in registration and packet pickup on July 12th & 13th are \$20 and may include a T-shirt, subject to availability. Walk-in will be held on July 12th 9am-6pm and July 13th 10am-4pm at the Lenexa Community Center 13420 Oak Street in Lenexa (just off Pflumm between 87th & 95th). Registration the night of the event starts at 10:00pm in Old Town Lenexa. T-shirts may be purchased the night of the event, subject to availability, for \$10. The sooner you sign up, the cheaper it is! There are discounts available for families and for groups of 3 or more, so get some friends together and sign up early for the cheapest tickets to the

We're Invited...

coolest ride in town! Those under 18 receive a \$5 discount off the registration fee and must be accompanied on the ride by an adult. For registration information, call 913-541-0209. For group discount information, contact Susan at 913-541-0135.

Proceeds from this ride benefit youth programs supported by the Lenexa Optimist Club. Among these programs are the KU Med Center Pediatric Classroom, Keys Youth Services homes for troubled or abused children, Camp Quality for children with cancer, dictionary distributions to local 4th -graders, and Johnson County Community College scholarships.

The Lenexa Optimist Club is a community service organization affiliated with Optimist International. The Lenexa Optimist Club meets the 1st and 3rd Mondays of each month at Los Chavez Restaurant in Old Town Lenexa, Kansas. Speakers for Club meetings, visitors, and new members are always welcome. Contact Jan Huff Soper, Lenexa Optimist Club president, at 913-492-5522 or jan@sopershosta.com, for more information.

In July: Members Ride and Tell!