

"Springbike is a local cycling club..."



December,
2003

Elections Coming Up!

Springbike positions needed:

President, Vice President, Secretary, Treasure. Jim Freeman is Special Event route Organizer

Bruce Adib-Yazdi has volunteered to chair the nominating committee for the 2004 club officers. Please contact Bruce to volunteer on the committee, or to fill a vacancy, or nominate someone to fill a vacancy. 417.881.8510 or Badib-yazdi@swbell.net.

Elections will be held at the December Holiday Party.

Brief meeting notes:

No club meeting in December in lieu of our Christmas party.

Christmas Lights ride December 20, led by Tony Miller.

Parking warnings may be given to people using the RR right of way at Turner's station as parking space. You may get a ticket! Options discussed.

Missouri Highway Patrol Safety Officer Dan Bracker was unable to come to the November meeting, so he will come to January's meeting to talk about bicycle regulations, roads and what the MHP expects of bicyclists. He is hoping for a good opportunity to answer the questions we may have.

Christmas party December 6.

Update was given by the Advocacy Committee

Lori Tack and Coy Hart spoke of a meeting with Lance Armstrong at the Rolla University. Many attended. A shy Lance was reportedly happy with this opportunity to speak to cyclists, since his en-

agements usually centered on his experience with cancer.

Kevin Umlauf from Sunshine Bike was our guest speaker. He shared his enthusiasm of the sport,



Kevin Umlauf

Next Club Meeting

Monday, January 12, 2004 at Cartoon's

..whose purpose is to promote enjoyable safe cycling..

Deadlines for The Tube are the 20th of each month.

Weekly Club Ride Monday 12:00 noon
Meet at Summit Church, east side of hwy 125 near Sunshine/125 junction.

December Events:

Christmas Party and Elections December 6, 6:30 at McSalty's Pizza Café, 2627 E Sunshine, 887-2589. Charge is \$3 per person with pizza and soft drinks supplied. Desserts to share are welcome. Please RSVP Dale Deckard 833-0913 by December 1 if possible. We need to know how many will be there, but do come even if you can't RSVP! We have 2 gift certificates from each bike shop and other gifts to give. This will also be club election for 2004 officers. Come if you can!

Advocacy Committee meeting, December 7, 2:00 at The Mudhouse on South Street. Please ride in on your bike using Springfield's bike routes.

Christmas Lights Ride December 20, 6:30. We will meet at Churchill's Coffee on Republic road. It is east of Harter House, between it and Git 'n Go. Please park in the back of the lot. We will meet at 6:30 and **leave promptly at 6:45**. This will be about 6-8 miles with a few hills. You will need lights on your bike and a helmet on your head! Churchills has offered a 10% discount on purchases to riders when we return. Great! Please call Tony Miller for questions: 886-2348

..for the members and the community."

The Tube



www.springbike.org

Springbike Bicycle Club's Newsletter

"Springbike is a local cycling club whose purpose is to promote enjoyable safe cycling for the members and the community."

MEMBERSHIP FORM

Name: _____
 Address: _____
 City: _____ Zip: _____ Phone: _____
 State: _____ Email: _____

____ New membership
 ____ Renewal (Due each April 1)

One year membership ...\$15.00 per household
 Two year membership ...\$28.00 per household
 Three year membership ...\$40.00 per household

Springbike Bicycle Club cannot be held responsible for any accident that may occur during, or as a result of, our activities. Participants ride at their own risk. For the safety of participants, Springbike Bicycle Club requires that approved helmets be worn on all club-sponsored rides.

Signed _____
 Date: _____



Springbike Bicycle Club
 PO Box 9823
 Springfield, MO 65801

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his enthusiasm with other cyclists, and with events surrounding cycling. He gave a personal history of his involvement with Sunshine Bike and insights into the business of a bike shop. He mentioned the "Fit Cycle" for a full body bicycle fit. It uses computer software in which you program in the exact measurements of the cyclist and the type of bike they want. A drawing of the bike is given, the measurements are plugged into the Fit Cycle, and an exact fit can be achieved.

Kevin was pleased to announce that he now is including **Felt** and **Kestrel** in his line of bikes with Bianchi, Burley, Cervelo, Colnago, Fugi, Giant, Haro, K2, Lightspeed, Mosh, Schwinn, and Tomac. Another announcement was that Sunshine Bike is proud to be the official bike shop sponsor of the Ozark Cycling Club.

**John Howard Clinic
 coming in January**

Body Mechanix Athletics Presents:
 John Howard Cycling Clinic 2004
 Jan. 15, 16, 17. Performance Bike Fit and Lecture Series. For more details Contact Ken Hood at
 info@BodyMechanixAthletics.com
 (417)886-0924

From Our Treasurer

Beginning Bal Oct 2003\$2709.33
 Income..... 144.00
 Total \$2853.33
 Disbursements..... 200.74
 Total..... \$2652.59
 For questions or clarifications,
 call Tony Miller 886-2348



Springbike Supports Turner's Station Trash Pickup

Our Trash Pickers:
 Jimmy Hutchison
 Gere Masters Cliff Jacobs
 Rebecca Baker Coy Hart
 Kathy Hudgens Del Wipf
 Joe Kosina Gary Day