



Springbike Bicycle Club
 PO Box 9823
 Springfield, MO 65801



THE TUBE

January 2006

Next Springbike Meeting
January 9 @ 7 PM
Location:TBD
Check with Tim

Upcoming Events

Jan. 1 12:00 New Year's Ride - Hillcrest High School
 Jan. 8 7:00 Springbike meeting
 Feb. 5 11:00 AM Superbowl ride - Turner's Station
 March Chili Ride - Date TBA

2005 Club Officers & Committees

President

Tim Weston 840-5687
 Westonbuilder@sbcglobal.net

Vice President

Kevin Umlauf 883-1113/753-2969
 kevin@sunshinebike.com

Secretary

Merrill Drummond 881-1718/ 576-3865
 merrillcdrummond@mchsi.com

Treasurer

Bill Compere 863-1617
 billcomp@sbcglobal.net

Program Director

James Allen 833-1980

Special Event Route Organizers

Jim & Betty Freeman 724-2701

Membership

Randy Lacey 846-7352
 myelement@swbell.net

Advocacy Committee

Bruce Adib-Yazdi 881-8510
 badib-yazdi@swbell.net

Tube Editor

Cynthia Petty 863-9132
 cynchp@peoplepc.com

WebMaster

Dave Christiano

You know you're an addicted roadie when . . .

. . . your surgeon says you need a heart valve replacement and you insist on presta.

. . . you find nothing disgusting about discussing the connection between hydration and urine color.

. . . you empathize with roadkill.

. . . you take your bike when shopping for a motor vehicle, just to make sure it'll fit inside.

. . . good cycling roads are the main thing that matters when hunting for a new house.

. . . you view crashes as an opportunity to upgrade components.

. . . you say "On your left!" when walking around another pedestrian.

. . . dessert is the first thing you order when eating out.

. . . you smile at someone, who informs you that you have bugs in your teeth.

. . . you have feedback@roadbikerider.com in your e-mail address book (and use it to send us your sure signs of cycling addiction).

Springbike BICYCLE CLUB MEMBERSHIP FORM

Springbike Bicycle Club cannot be held responsible for any accident that may occur during, or as a result of, our activities. Participants ride at their own risk. For the safety of Participants, Springbike Bicycle Club requires that approved helmets be worn on all club-sponsored rides.

Signed: _____
 Dated: _____

___New Membership _____Renewal

1 year membership.....\$20 per household

2 year membership.....\$38 per household

Mail to: Springbike Bicycle Club
 PO Box 9823
 Springfield, MO 65801

Name: _____

Address: _____

City, State, Zip: _____

Tel ephone: _____

E-Mail Address: _____

A&B Cycle Inc
 3620 S National
 864-0550

Cycles Unlimited
 1254 E Republic Rd
 887-3560

Downhill Bikes
 1116 West Hwy 76
 Branson, MO
 417-335-4455

Queen City Cycles
 325 S Patton
 831-0800

Springfield Bicycle Company
 3201 S Campbell
 883-8100

Sunshine Bike Shop
 1926 E Sunshine
 883-1113

Willard Bike Shop
 106 E Jackson
 Willard, MO
 742-4465

NEW YEAR & SUPERBOWL RIDES - Thanks to Ray Wageman

New Year.....Depart from Hill Crest High School at 12:00 noon for ride to Willard and back and on to Ash Grove and back for the longer ride. Total of about 40 miles for the longest ride. Good place to eat at Willard (Wimpies) and also Ash Grove.(Highway Buffet)

Super Sunday will depart from Turner's Station at 11:00 a.m. for ride to Strafford and return and or on to Northview and then south and back to Turner's for the longer and more arduous ride. Ugh....(several big bad hills south of Northview in the James River valley area. Ugh)

Will depart the Super Sunday ride earlier as some of the football heads might want to get back a little earlier to see their heroes. Ugh

As for me, I will take the bride to the Golden Pig for a good steak pig out. Right on!!!!

Both of these rides generally generate about 50 to 75 riders pending upon the weather. Cut off is 40 degrees...or rain or snow or sleet. Ugh.....Then NO GO!

I hope to be able to have a shag vehicle this year.

Hello,

I hope that you've all had a wonderful Christmas season! I received more than I deserved and ate more than I should which means that it now time for me to get serious about riding (got to lose those pounds). If you were unable to attend the Springbike Christmas party, you missed out! We had about 50 merry souls who enjoyed Buckingham's BBQ, some great fellowship, and lots of great door prizes. The donors were exceptionally generous this year with every attendee receiving a very nice gift. A very special thank you goes to Sunshine Bikes, Cycles Unlimited, Springfield Bike Co., A&B Cycle, Queen City Bikes, University Plaza, Larson's-John Deere, Rib Crib, and Arris Pizza. Whenever you're in one of these businesses please take time to thank them for their generosity.

The best way to get over that New Year's Eve hangover is to come join us for the Springbike New Year's Day ride. Once again Ray Wageman has put together the route and will take off at noon from Hillcrest High and work it's way to Willard or Ash Grove. The temperature cutoff will be 40 degrees and maps will be provided. Just for advanced notice, we'll also be having the Super Bowl ride in February and the Chili ride in March with the dates and times to be announce later.

Finally, the vote for the 2006 Springbike board was held during the Christmas Party. A couple of months ago I had asked for nominations (including the night of the party), and none were received.The current members were willing to serve another year, and were all voted in. What I'm getting to is that these fellow bikers are willing to give of their time for another year, but we will need some new people next year. Consider what the club has done for you, your bicycling, and the community...and what can you do for your club.

Finally (part II), be sure and check out the website for any updated information concerning rides and events. We are going to rely more heavily on the website in the future to better keep you informed.

See ya on the road,

Tim Weston

**A Holiday Trail Tale
By Cliff Jacobs**

Most cyclists dream of that ultimate ride. You know the one, across the United States through Europe or possibly over the Great Divide . But those epic voyages are far and few between so we generally settle for something simple and close to home. There's nothing wrong with this and I consider these rides as hors d'oeuvres before the main course.

Saturday November 26 eleven hearty souls met and shared one such appetizer known as the Berryman Trail near Steelville, MO. This multi purpose trail sets on a very large track of the Mark Twain Forest. I had shared holiday turkey with my parents near St. Louis so I had a short drive. The rest of the crew included Lindy Biglieni, Brad Bledsoe, Dan Fannin, Gary Fenton, Lance Love, John Montgomery, Cynthia Petty, Dennis Rathke, Brandon Spurlock and Beth Weimer. They began departing from Springfield as early as 5:30 am. It's a 2.5 hour trip for one or two people. Travel time increases proportionally or exponentially as the group size increases. The group left a vehicle at a campground ½ way around the loop. Here we would stop for lunch.

After shuttling back to the rest of the group cursory introductions and reacquaintances were made, discussion of clothing and reassurance that Brad had the map and knew the route. Well, he did and sort of "did" but that is how it's supposed to be. You know we all need a little adventure. The weather was pleasant enough for "medium" dress, such as tights, long sleeves and or jacket and long finger gloves. The promise of mid forties was appealing.

The Berryman is popular with cyclists and the equine crowd but there is a 25 mile loop and many more cross trails so all day we only met 2 or 3 horseback groups. The trail is primarily single track with more switch backs than imaginable but the switchbacks allow you to traverse the steepest ridges. The trail is very rocky and we took out time picking our way and honing our technique. Fall trails are made trickier as leaves cover some obstacles. We regrouped periodically so no one worried about getting separated. The rhythm is memorized and easily repeated. Spin, shift, brake, turn, spin shift, brake, turn, throw in an occasional ouch or @#%&*?? Several long downhills offered up their excitement and challenge. Many small streams flowing with nature's nectar were easily crossed. An occasional log required a dismount and a couple eroded uphill necessitated a "bike hike" but over all the Berryman offers mostly free pedaling. Several twisting valley sections let us really open up but generally we maintained a steady easy pace.

Lunch at the shuttle drop (Brazil Creek Campground) was anchored by home made chicken noodle soup and sloppy joes. Plenty of chips, cookies and brownies topped off our tanks. You should have seen the neighbors menu. They had 3 turkeys, golden brown, rotating over charcoal.

We spent plenty of time relaxing, put our gear away and headed back to the trail. A steep rise to get on the trail offered quite a spectacle as Brad managed to "wheelie" over nearly backwards giving everyone a bit of a scare. Not a problem as Brad's resilience is once again evident and after he collected himself we headed down the trail. Or should I say up as our lunch site was the lowest elevation on the trail.

The trail is marked but with the trees down and a little wear and tear we managed to miss a turn. After several dead-end trails, you guessed it; we began bushwhacking toward the "highway". Down through the brush and briars to a valley that headed west we met a "local" who sent us up over the ridge and out his driveway to the highway. We rolled into the main camp no worse for wear. Just a few bumps and bruises, a couple of flats and minor repairs. So once again my appetite for a look over the horizon and around the bend has been "whetted" still romancing that epic voyage. Until then, we have more opportunities within a few miles or hours of home that require very little expense and a minimum of planning. The Berryman is one example. Hey, where are we going next time?