

# "Springbike is a local cycling club..."



## FROM OUR TEAM LEADER

### Happy Spring!

#### Club Officers & Committees

<b>President:</b> Ann-Marie Shy 581-4757	<b>Special Event Route Organizer</b> Kevin Umlauf
<b>Vice President</b> Gary Day 581-6390	<b>Program Director</b> James Allen
<b>Secretary</b> Carol Gough	<b>Membership</b> Jim Freeman Freejabs@aol.com 724-2701
<b>Treasurer</b> Tony Miller	<b>Webmaster</b> Steve Hargis www. springbike.org
<b>Tube Editor</b> Kathy Hudgens khudgens @sprynet.com	

*Deadlines for The Tube are the 20th of each month. Springbike is a member of the League of American Bicyclists.*

**A**ccording to the calendar, March 20 was the first day of Spring. Hopefully the weather will follow the calendar so we can all start riding regularly.

If you didn't attend the March meeting, you missed a great presentation by Officer Tony Celeste with the Springfield Police Department. He brought his bike and explained how he uses it on duty, and he answered many great questions.

Please plan on attending our April meeting which will be at The Library Center. The guest speaker will be Alicia with Kids Across America. She will discuss the Ozarks 100.

We have set the date for the Dogwood Ride for May 5. Of course, we need volunteers.

Please consider helping. It's a great way to meet other club members and to welcome riders from out of town.

Our first weekly club ride of 2002 is scheduled for Monday, April 8. Thank you to Coy Hart and Jim Freeman for volunteering to mark the routes.

Finally, I want to thank Gary Summers, owner of Cartoons for all the help he's provided the club over the years. Many of us have enjoyed attending monthly meetings at Cartoons for the good food and good atmosphere. Unfortunately for us (but fortunately for Gary), Cartoons is no longer able to accommodate the needs of our meetings due to the increasing success of Cartoons. It certainly says

*(Continued on page 2)*

## ..whose purpose is to promote enjoyable safe cycling..

### MARK YOUR CALENDAR

- March 30**  
Turner's Sta. Pickup 10 a.m.
- April 8**  
Weekly club rides begin this Monday--see page 2
- April 9**  
**Club meeting 7:00**  
**Library Center**  
**4653 S Campbell**  
**"Story Time" Room**
- May 5**  
Dogwood Metric  
(volunteers needed)
- May 18th**  
Miracle Bike Tour\*

- May 19th**  
Springfield's Awareness Ride\*  
prior to Bike to Work Week
- May 20-26**  
Bike to Work Week\*
- June 1**  
National Trail's Day Willard\*  
(see March issue for details  
or ozarkgreenways.org)
- July 13**  
BCSO ride\*

*\*indicates ride is not sponsored or insured by Springbike Club.*

#### Duathlon Series Dates:

- May 7:** 11mile bike-2mile run
- May 14:** 2mile run-11mile bike
- May 21:** 1mile Run-11mile bike-1mile run
- May 28:** 11mile bike-2mile run-11mile bike
- June 4:** 2mile run-11mile bike-2mile run. Series Finale and awards presentations after this event.

For info contact info@  
BodyMechanixAthletics.com.

...From Diane Hood

## ..for the members and the community."

(Continued from page 1)  
something good about Cartoons  
that they're always busy on  
Tuesday nights.

**Thanks again Gary!**

**Happy riding.  
See you on the roads.**

From Ann-Marie

### Tony Celeste of Bicycle Patrol: When You Run into Trouble

When you have an encounter with an unsafe driver:

- Get their license plate number
- Be able to identify the driver. (You must be able to do this if they don't admit to their guilt.)
- Call 911 --tell the operator what happened **and** that you want to contact an officer.

If you wish to press charges, you are the witness and must sign a summons for the violation. You may be called in as a witness, though the vast majority of cases are settled out of court.

## FROM THE MEMBERSHIP DUDE

**W**e now have a club membership of 295 paid households. I am trying hard to reach the 300 mark. You can help keep the membership numbers up by keeping in mind that we are rapidly reaching the end of another membership year, and, for those whose membership expires this year, it will soon be time to renew. This can be accomplished by

- mailing your dues to the club's post office box
- by seeing me at the pre-Dogwood Ride registration (6:00 p.m. to 8:30 p.m. May 4th at Cartoons)
- at the Dogwood Ride registration Table on May 5th.

You can also renew your membership by seeing me at a club meeting.

Speaking of club meetings, only about 20 members have attended each of the last two meetings. This is your club, and if you do not attend the meetings and let your voice be heard, the executive committee has no idea what your needs and wishes are. Now, if my appeal for you to attend meetings did not play upon your sense of responsibility, I will attempt to bribe you. We have had some fabulous door prizes at the last two meetings. Among these prizes were a pair of Sugoi Riding Shorts donated by Sunshine Bike Shop, a floor pump donated by Sports Extreme, a Lance Armstrong

t-shirt donated by Cycles unlimited, a mini pump donated by A&B Cycle, and my personal favorite, because my wife won it (that means I get it), a poster of the three American Cycling Champions donated by A&B Cycles.

Hope to see you soon, both on the road and at the next club meeting!

From Jim Freeman

### This Saturday!

**D**on't forget Turner's Station pickup this Saturday. We will start the pickup at 10:00 and then go for a ride afterwards.

See you there!

## Weekly Club Rides



### Monday

Hickory Hill school to Stafford.  
24miles

### Tuesday

Turner's Station to Rogersville.  
24 miles

### Thursday

Evans Road Church to  
Rogersville. 24 miles

For more information call  
Ann-Marie at 581-4757 or  
Gary Day at 581-6390.

## to begin after Daylight Savings Time

**B**ecause of insurance purposes, we ask that you be a member of the bike club to participate in the rides and wear a helmet. A membership form is on the outside of the Tube. There may be a fee for some of the major club rides, when SAG and food are provided. The majority of the rides, as in the weekly rides, are free with no SAG provided. We stress to follow all the laws, ride in single file, be courteous to others, and help promote a positive cycling image in the community. And have FUN, too!

**Disclaimer:** There are no provisions for traffic control. These are public roads and you ride at your own risk. The club or individuals are providing information as to where many of our members cycle. We stress that these are public roads and although traffic is usually light there has been no special provisions for your safety. To participate in the club rides helmets are required and you ride at your own risk. (from our website)

## Cycling Advocacy Group Begins to Form!

I have started to form a local Bicycle Advocacy Group to focus on safe cycling on our city streets and area roads. Following is some basic information about the group. I encourage you to spend 15 minutes and fill out the Bicycle Commuting Survey listed in the Resources below.

Also, we are planning an Awareness Ride that will kick off Bike to Work Week (which is May 20-26) on Sunday May 19th, in the afternoon. Mark your Calendar! Details to follow in the next Issue of The Tube, and will be on the Springbike Website. This group ride will wind through the streets of Springfield, hitting some major destinations - the goal is for us to be a 'rolling billboard' for a website (using T-shirts) that will explain our mission.

### Mission:

Our mission is to be advocates for area cyclists who use city, county and state transportation systems, (streets and roads) and to develop cycling routes that connect destinations such as residential neighborhoods, recreation areas, employment centers, educational facilities, and shopping centers.

### Objectives:

- To be an advocate for area cyclists.
- To educate BOTH cyclists and motorists on how to Share The Road.
- To be a catalyst for improving on street cycling routes.
- And to be a resource to city, county and state governments to assist in planning and development.

If you would like more information, or would like to be placed on the Advocacy email list, contact Bruce Adib-Yazdi at [badib@swbell.net](mailto:badib@swbell.net)

From Bruce Adib-Yazdi

**Resources:** St. Louis Bicycle Federation <http://stlbikefed.org/index2.htm>  
 Ozark Greenways Trails <http://www.ozarkgreenways.org/greenways/trails.asp>  
 Share The Road signs <http://home.swbell.net/mpion/sharesigns.html>  
 Bicycle Commuting Survey <http://www.ce.utexas.edu/stu/stinsoma/survey/survey-Jan31.htm>  
 City of Springfield Designated Bicycle Routes [http://www.ci.springfield.mo.us/transportation/bike\\_routes.html](http://www.ci.springfield.mo.us/transportation/bike_routes.html)



**For Sale:** Scott aero bar--\$35. also, Shimano "hyperglide" 7 speed cassette, 12/28. great for hilly rides, i.e., Arkansas, North Carolina, Colorado!! Cassette has about 300 miles on it--\$20. Prices are firm. Larry Davis 869-4841

**For Sale:** Giant OCR 1, medium frame, excellent condition, 1 year old \$675. Susan 882-0010

**Wanted:** Cycling tips, ride experiences, favorite routes, one-liners, tall tales, short tales and anything in between! Bring a smile, envy, delight to your fellow cyclists! Kathy 859-2440 khudgens@sprynet.com (Tube editor)

### Treasurer's Report 3/12/02

#### Income

Membership Dues ... \$98.00  
 Super bowl Ride ..... 13.00  
 Steve Hargis membership 15.00  
 To Petty Cash..... 2.00  
**Total..... \$128.00**

Petty Cash..... \$16.40  
 Petty cash deposit ... 2.00  
**Total Petty cash ..... \$18.40**

#### Disbursements

Steve Hargis  
 Web page ..... \$15.00  
 Wilson's Creek Battlefield  
 Parking..... 11.00  
 AAA Mailing  
 March tube ..... 97.60  
 Super bowl cash to  
 Petty cash ..... 2.00  
**Total..... \$125.60**

**Beginning Bal..... \$3262.30**  
 Income..... 128.00  
 Total ..... **\$3390.30**  
 Disbursements .... 125.60  
**Ending Bal..... \$3264.70**

Check Book ..... \$3246.30  
 Petty Cash..... 18.40  
 \$3264.70

From Tony Miller

## May 5: Springbike's Dogwood Metric

**W**e have set the date for the Dogwood Ride for May 5. Of course, we need volunteers. Please consider helping. It's a great way to meet other club members and to welcome riders from out of town.

We would like donated food (apples, oranges, bananas, cookies, peanut butter, jelly, bread) and energy drinks (PowerAde, Gatorade) for the Dogwood Ride. Can anyone help (or do you know anyone that can) with the donation of these items? Please contact an officer or me if you can.

FYI: We're only ordering 75 t-shirts for the Dogwood Ride. So pre-register and pay in advance to reserve your shirt.

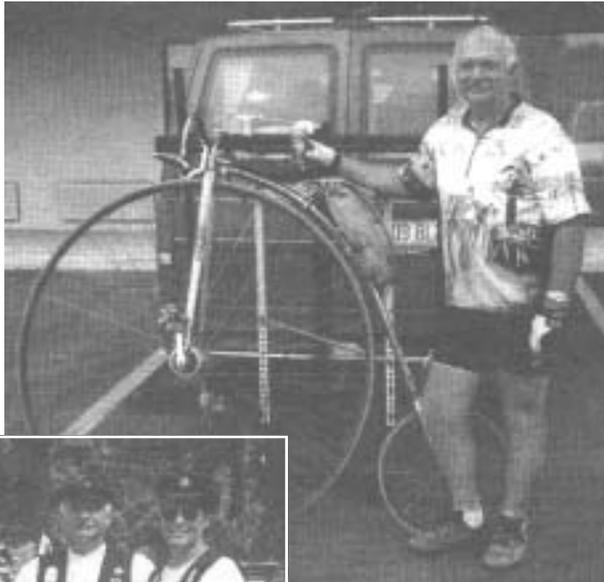
Ann-Marie Shy 581-4757

## A beautiful ride in the Ozarks!

### Paint Ballers Get Boomeranged

**L**arry Williams of Willard Bike Shop didn't dodge trouble when cycling home one day when paint balls started flying --ask him about the support he got from the Willard police!

Larry Williams is below on the left as he appeared in an article in the March 2002 issue of *Big Sports*, a free magazine featuring Ozarks' sports.



James Allen (above) was a featured sportsman in this March's *Big Sports*.

(left) Larry Williams, James and Billie Allen at the 2000 International Wheelman Meet in Buffalo, New York (from Vol.6, No.3 March 2002 *Big Sports*)

See the magazine for a wonderful article sharing Allen's experiences.



### The Legend of the Dogwood

In Jesus time, the dogwood grew  
To a stately size and a lovely hue.

'Twas strong & firm, it's branches interwoven.  
For the cross of Christ its timbers were chosen.

Seeing the distress at this use of their wood  
Christ made a promise which still holds good:

"Never again shall the dogwood grow  
large enough to be used so.

Slender & twisted, it shall be  
With blossoms like the cross for all to see.  
As blood stains the petals marked in brown  
The blossom's center wears a thorny crown.

All who see it will remember me  
Crucified on a cross from the dogwood tree.  
Cherished and protected this tree shall be,  
A reminder to all of my agony."

The pink dogwood is said to be blushing for  
shame because of the cruel purpose which it  
served in the crucifixion.

The weeping dogwood further symbolized  
the sorrow.

The red dogwood, the Cherokee, bears  
the color to remind us of the blood shed by  
Jesus Christ.

The beauty of the Dogwood reminds us of the  
promise we have in Jesus Christ.

As birds burst in song from its branches in the  
early cool spring morning, so can we sing to the  
glory and wonder of our risen Savior!

From Kathy Hudgens

## Children's Miracle Network "Miracle Bike Tour" Saturday, May 18, 2002

This year the ride starts from the famous Precious Moments Chapel Center near Carthage, Missouri. Choose from a leisurely 10-mile ride or, to see more of the picturesque scenery, ride one of our 25, 40, 62 or 100 mile routes. This year we are also offering the NEW 3 mile family ride!

This is a fully supported event with plenty of rest stops. Over 100 riders attended last year's event. We have a free T-shirt for each participant, door prizes and fabulous prizes for the top 4 fundraisers.

Registration is 6:30 a.m. to 7:30 a.m. Ride begins at 8 a.m. All riders are required to wear a helmet.

**Registration:** Pre-register before April 24 for just \$25. Receive \$5 off by bringing a first time CMN rider with you. Regular registration is \$35 day of event.

**Family Ride** - \$10 for whole family; children must be accompanied by an adult. This is a 3-mile ride around the lake at Precious Moments.

**Group Discounted Rates** are available for participants of our ride. There is a great discount package that includes Hotel, lunch for 2, and all attractions to Precious Moments. Precious Moments also has a nice RV Park with discounted rates for our riders.

Email registration to:  
jasargent@freemanhealth.com  
or calling 417.347.6639.

**Directions:** Take I-44 West to Carthage and follow Precious Moments signs --it's easy to find!

Jerri Sargent, Coordinator  
Children's Miracle Network



The Children's Miracle Network (CMN) is a year-round fundraising program to benefit hospitals providing health care for children. Created by the Osmond Foundation in 1983, the Children's Miracle Network has grown to include 170 hospitals throughout the United States, Canada, and Mexico. MU's Children's Hospital is marking its 16th year as a CMN-affiliated hospital.

### Why CMN is unique

- ◆ All the money raised in mid-Missouri stays in mid-Missouri to purchase equipment and fund programs at Children's Hospital.
- ◆ Monies raised help children battling all types of illness, injury and disease.

Each year, thousands of mid-Missouri children are treated at Children's Hospital. Children's Miracle Network funds touch each of these children in some way.

*From the University of Missouri's Health Care website muhealth.org/~miracle*



## Ride to Support Breast Cancer Foundation of the Ozarks

Remember to mark your calendars for July 13. This is the date for the bike ride to benefit "The Breast Cancer Foundation of the Ozarks". This is a non-profit organization founded by Mary Beth O'Reilly. All monies raised stays in the Ozarks to help breast cancer patients with special needs. There

will be a 10-mile, 25-mile and 50-mile ride. Food will be served at the finish of the ride. Three aid stations will be provided. More information is to follow.

Carol Gough

A member of the Community Foundation of the Ozarks

## Commuter Survey

A student is conducting a survey of commuter cyclists regarding route preferences. The results may be useful in future development of bicycle facilities. If you would like to participate in the survey, see <http://www.ce.utexas.edu/stu/stinson/survey/survey-Jan31.htm>

or send a self-addressed, stamped envelope to:

Monique Stinson  
Civil Engineering - Transportation  
Campus Mail Code: C1761  
The University of Texas  
Austin, TX 78712