



Springbike Bicycle Club
 PO Box 9823
 Springfield, MO 65801



THE TUBE

December 2005

Next Springbike Meeting
Christmas Party 6:00
December 12
Fire Station on W Battlefield

Upcoming Events

- Dec. 12 6:00 Christmas Party - Fire Station on W Battlefield
- Dec. 15 7:00 Christmas Light Ride - Churchhill's On Republic
- Jan. 1 12:00 New Year's Ride - Hillcrest High School
- Feb. 5 11:00 AM Superbowl ride - Turner's Station
- March Chili Ride - Date TBA

Quick Tips

- **To dry wet cycling shoes**, use the refrigerator. The air exchanger at the bottom of the fridge is just the ticket. The air is only warm so it doesn't hurt the shoes, but it will normally do a fine job of drying them overnight. Just remember not to trip over them when you go for your morning juice!
- To make your **cycling shoes smell better**, put a scented dryer sheet in each one following your rides.
- Use **Pledge wipe cloths** for a quick cleanup after a ride. No overspray and easy use. They polish and clean in one quick step. Great for the indoor trainer, too.
- After washing your bike, use **electric leaf blower** to dry it. It helps get the water out of all the places it shouldn't be.
- The foolproof remedy for **stinky bike clothes** is Wisk powdered laundry detergent. If you have clothes that smell so bad you can't get the odor out, soak them overnight in the washer with a scoop of Wisk and then run the washer as usual.
- Make a habit of **taking a sip** from your water bottle as soon as you begin riding. This sets the pattern for hydrating instead of waiting till you're thirsty.
- To **protect your face** in winter, apply a light layer of Vaseline or A&D Ointment. But not on your nose or your glasses will slide down.

2005 Club Officers & Committees

President

Tim Weston 840-5687
 Westonbuilder@sbcglobal.net

Vice President

Kevin Umlauf 883-1113/753-2969
 kevin@sunshinebike.com

Secretary

Merrill Drummond 881-1718/ 576-3865
 merrillcdrummond@mchsi.com

Treasurer

Bill Compere 863-1617
 billcomp@sbcglobal.net

Program Director

James Allen 833-1980

Special Event Route Organizer

Jim Freeman 724-2701

Membership

Randy Lacey 846-7352
 myelement@swbell.net

Advocacy Committee

Bruce Adib-Yazdi 881-8510
 badib-yazdi@swbell.net

Tube Editor

Cynthia Petty 863-9132
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WebMaster

Dave Christiano

Springbike BICYCLE CLUB MEMBERSHIP FORM

Springbike Bicycle Club cannot be held responsible for any accident that may occur during, or as a result of, our activities. Participants ride at their own risk. For the safety of Participants, Springbike Bicycle Club requires that approved helmets be worn on all club-sponsored rides.

Signed: _____
 Dated: _____

___New Membership _____Renewal

1 year membership.....\$20 per household

2 year membership.....\$38 per household

Mail to: Springbike Bicycle Club
 PO Box 9823
 Springfield, MO 65801

Name: _____

Address: _____

City, State, Zip: _____

Tel ephone: _____

E-Mail Address: _____

A&B Cycle Inc
 3620 S National
 864-0550

Cycles Unlimited
 1254 E Republic Rd
 887-3560

Downhill Bikes
 1116 West Hwy 76
 Branson, MO
 417-335-4455

Queen City Cycles
 325 S Patton
 831-0800

Springfield Bicycle Company
 3201 S Campbell
 883-8100

Sunshine Bike Shop
 1926 E Sunshine
 883-1113

Willard Bike Shop
 106 E Jackson
 Willard, MO
 742-4465

NEW YEAR & SUPERBOWL RIDES - Thanks to Ray Wageman

New Year.....Depart from Hill Crest High School at 12:00 noon for ride to Willard and back and on to Ash Grove and back for the longer ride. Total of about 40 miles for the longest ride. Good place to eat at Willard (Wimpies) and also Ash Grove.(Highway Buffet)

Super Sunday will depart from Turner's Station at 11:00 a.m. for ride to Strafford and return and or on to Northview and then south and back to Turner's for the longer and more arduous ride. Ugh....(several big bad hills south of Northview in the James River valley area. Ugh)

Will depart the Super Sunday ride earlier as some of the football heads might want to get back a little earlier to see their heroes. Ugh

As for me, I will take the bride to the Golden Pig for a good steak pig out. Right on!!!!

Both of these rides generally generate about 50 to 75 riders pending upon the weather. Cut off is 40 degrees...or rain or snow or sleet. Ugh.....Then NO GO!

I hope to be able to have a shag vehicle this year.

The 2nd Annual Memorial Illumination Ceremony featuring over 2,539 luminaries representing those killed, wounded, or missing at the Battle of Wilson's Creek on August 10, 1861 will be held December 10, 2005. The Park Service wants to know if any member of the bike club would help set up the luminaries around the route. They will start setting them up at 10:00 a.m. December 10, 2005. The phone number to call to receive more information is (417) 732-2662.

Jan Heine (of Vintage Bicycle Quarterly <http://www.vintagebicyclepress.com/>) had a coffee table book made of vintage bicycles from the twentieth century that were hand built by constructeurs like Alex Singer and Rene Herse. These bicycles were made for everyday use, with racks, fenders, and lights, yet they are as elegant, lightweight, and beautiful as any racing bike.

It's currently located at The Library Center on South Campbell and the call number is 629.227H

Matthew Grimm of Kogswell Cycles is building a new bike based on the Porteur bike you'll find in the Golden Age: it will come with the option for fenders and the huge front rack that came on these bikes. Here's the preview:

<http://kogswell.com/protoPAGE1.html>

Springbike is a local cycling club whose purpose is to promote enjoyable safe cycling for the members and the community.

Support your local bike shops!

For free driveway paving, ask for Bill Drummond and friends

FROM THE PRESIDENT

Hello,

Well the holiday season is upon us and the Springbike festivities are in full swing. First, on December 12 we have the Christmas Party with prizes and Buckingham's BBQ all a the low price of FREE. The only catch is that we need you to RSVP by the 10th calling me at 840-5687. Second, on December 15 we will be having our Christmas Lights ride taking off from Churchhill's (on E Republic) at 7:00 and lights are required. Finally, on January 1 we will be having our New Years Ride taking off from Hillcrest High School at noon. Maps will be provided with the routes going to either Willard or Ash Grove. The cutoff for both rides will be 40 degrees.

Remember that we will be having rides every month this winter which is a whole lot better than sitting at home on a stationary trainer dying of boredom. I used to ride my mag trainer as much as 50 times a winter but now I would much rather bundle up and go ride the Frisco-Highline trail or Sac trail. Because of the slow pace and/or wooded terrain these trails offer a nice break from the sometimes painful windchill.

Lastly, there was a letter to the paper from a gentleman who lives in Nixa who believes that pocket rockets AND bicycles should be banned. I'm not going to comment on pocket rockets but the viewpoints that he shared concerning bicycles are probably shared by a lot of people. I also heard recently about another biker being physically threatened by a driver. It really has become clear that we are not exactly loved by some motorists and a lot of times we may give them reason. Just because we can legally ride on most roads doesn't give us the right to be stupid about it by doing things like riding 3 across or running stop signs. I've been riding for almost 20 years and it irritates me to get behind "experienced" bikers riding 3 across, so you can imagine how a non-biker may feel or respond. We all love bicycling, so lets all be good ambassadors for our sport.

See ya on the road,

Tim Weston

Thanks to Doug and Rae Nickell for a great presentation in November. They gave a power point presentation with commentary covering their cross-country bicycle tour along the Trans America Trail this summer. They started in Virginia and ended in Oregon, covered 4,289 miles and took 70 days to complete the journey.

Watch for a change in the location of the January Springbike meeting. Hope to see you there.

Need Christmas ideas? We still have a few Springbike jerseys left as well as some Springbike t-shirts. Contact President Tim for sizes and price.

Thanks to all the Springbike board members and volunteers for a great year! 2006 looks to be an even bigger and better year. Take part, volunteer and ride.